

Dementia Reframed

Research and activities that support care at home

Our activities are focussed in the Southern Highlands during February and March 2020



Contributing to NSW Seniors Festival Wingecarribee Shire, Southern Highlands Wednesday 12 February

Mittagong RSL, cnr Hume Highway and Bessemer St, Mittagong
Dementia Reframed will have a table in the 'Expo Hall' from 10 am to 2 pm
We are sponsoring the wonderful **OWN Theatre Group**, performing their international hit
'Don't Knock Your Granny'
Don't miss it if you haven't seen it - and see it again if you have!
A fiesty, funny but very pointed look at ageism and elder abuse.

DEMENTIA REFRAMED WORKSHOPS

(book with Gaynor on 0418.220888 or dementiareframed@gmail.com)

INTRODUCTORY - for anyone interested in dementia and dementia care. Learn more about it, and how to live well (especially at home) with good information about capacity and care

Thursday 13 February	1.30 - 2.30pm	Charlie's Indoor Outdoor, Shop 2, Mrs Oldbucks Centre, Berrima
Friday 14 February	9.30 - 10.30am	Henrietta Rose Rm, Bowral Library 16-24, Bendooley St, Bowral
Tuesday 18 February	9.30 - 10.30am	Charlie's Indoor Outdoor, Shop 2, Mrs Oldbucks Centre, Berrima

ADVANCED - for people who have already attended an introductory workshop in Sydney or Southern Highlands. A focus on how capacities change, and how carers can adapt

Wednesday 19 February	10am - 12 pm	Charlie's Indoor Outdoor, Shop 2, Mrs Oldbucks Centre, Berrima
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The inaugural DAHLIAS FOR DEMENTIA DAY is 1 March 2020 Celebrations over the weekend! Welby Garden Centre, Welby (Mittagong) Saturday 29 February and Sunday 1 March 2020

A family fun day at the Welby Garden Centre, Welby (Mittagong), from 9 am to 4 pm, Sat and Sun. Amazing display of exhibition quality dahlia blooms, floral arranging demonstrations (that will be auctioned at the end of the program), a wonderful raffle with prizes from local sponsors throughout the Southern Highlands raffle, activities for kids, competitions, food, a dementia awareness table - all raising funds for Dementia Reframed's work in enhancing attitudes to dementia, and improving approaches to dementia care.

Dahlias for Dementia Day 1 MARCH 2020



People with dementia want us to keep them in connection - we need to learn how. See our websites for more about our positive and creative approach to dementia, our various training opportunities, and our research work.

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